

## YOUR WELL-BEING IS ESSENTIAL

ASEPTA LABORATORIES,  
WITH YOU DURING YOUR ONCOLOGY TREATMENT



Over the past decade, cancer treatments have made such great strides that with each passing day, the cure rate increases considerably.

In addition to surgery, radiotherapy, chemotherapy and hormone therapy, less invasive treatments such as targeted therapies, anti-angiogenesis or immunotherapy are opening up great prospects.

However, this therapeutic efficacy is accompanied by **undesirable effects on the skin, nails and hair**, which can interfere with everyday life and affect social life.

ASEPTA Laboratories, with nearly 80 years of experience in the field of dermo-cosmetics, can help you prevent and mitigate these side effects with safe, **well-tolerated and effective products** that preserve your comfort and well-being.

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◆ **PROTECTING MY HANDS**



## PROTECTING MY HANDS

Anti-cancer therapies weaken the blood vessels in the skin of the feet and hands, causing dryness and sometimes an inflammatory reaction called "hand-foot syndrome".

Preventive moisturizing, then prolonged during treatment, is essential to delay and limit the appearance of the first signs (redness, thickening of the corneal layer, cracks, chapping, etc.).

« Vita Citral® takes care of my hands with a daily routine that prevents dryness and relieves the side effects of my treatment. I alternate their use according to my needs »

### EXTREME PROTECTION MOISTURIZING BALM

#### PROTECTING

I apply the protective balm before going to bed, for really intense and long-lasting hydration (up to 24H\*).  
Its high-tolerance formula with soothing plant extracts protects my hands and reduces roughness, redness and irritation if they appear.

*Active ingredients: echium oil, sea buckthorn berries and grape seeds, shea butter, imperata cylindrica, trehalose.*

**TO BE USED BEFORE, DURING,  
AFTER MY TREATMENT**

\*Hydration test by corneometer on 11 subjects.



### MOISTURIZING HANDCREAM

#### MOISTURIZING

It gives me instant hydration and comfort. My skin is ideally protected and its 'velvet' texture penetrates quickly without any greasy effect.

*Active ingredients: shea butter, vegetable glycerin, grape seed oil.*

**TO BE USED BEFORE, DURING,  
AFTER MY TREATMENT**



◆ **TAKING CARE OF MY FEET**



## ◆ TAKING CARE OF MY FEET

« Akileïne® offers me two of its most suitable references to keep my feet smooth, moisturized and supple. I can alternate their use, combine them or simply remain faithful to my favorite »

### OVERNIGHT FOOT MASK SMOOTHING & MOISTURIZING

The 2 in 1 that adapts to my schedule for an intense moisturising and softening effect.

Intensely moisturises: After only 15 minutes, it guarantees a 203%\* increase in hydration and makes my feet soft and supple.

For a deep action: I apply the mask in the evening, in a thick layer, I leave it on all night under thin socks and it does the rest...

*Active ingredients: jojoba oil, shea butter, vitamin E, peach and carrot extracts.*

**TO BE USED BEFORE, DURING,  
AFTER MY TREATMENT**

*\*Hydration test by corneometer on 10 subjects.*



### ULTRA-SMOOTHING BALM EXFOLIATING

Its cocktail of papaya extract and urea works wonders on feet that already have calluses (hyperkeratosis). In only 1 week my skin is significantly smoothed and 66% of the roughness is eliminated in 21 days\*.

*Active ingredients: papain, urea, grape seed oil, allantoin*

**TO BE USED BEFORE, DURING,  
AFTER MY TREATMENT**

*\*Clinical screening carried out on 22 subjects*





# **STRENGTHENING MY WEAKENED NAILS**





## ◆ STRENGTHENING MY WEAKENED NAILS

During treatment, the nails are weakened and their appearance changes: they tend to become soft, dry, brittle, split and ridged. Some change colour (yellowing or blackening), others fall off. Sometimes spots appear, the nail's periphery becomes dry and painful.

### My protective and fortifying routine

« Ecrinal® offers a complete routine to repair, strengthen and protect my nails every day before, during and after my treatment. During treatment, my nails are more sensitive to UV rays, so I systematically choose a protective colored polish.

I finish my manicure with a colorless top coat and I use a very soft nail with an acetone-free polish remover to remove all traces of nail polish. I continue this routine for 3 months after the end of my treatment. »

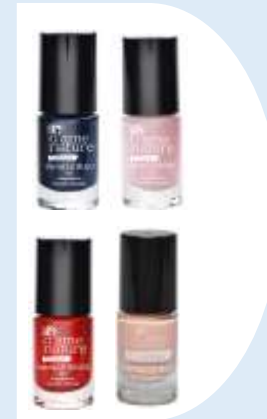
### FLEXIBLE BASECOAT

#### 1- PROTECTING

The first step to immediately smooth out irregularities on the surface of my nails and protect them from physical or chemical stress. Enriched with silicium, it strengthens my weakened nails and protects them from yellowing.

I apply it as a base under my nail polish to improve its hold or alone for a natural effect.

*Active ingredients: organic silicium, ginkgo biloba, Siberian pine oil.*



### COLORED NAIL POLISHES

#### 2- PROTECTING & BEAUTIFYING

Up to 84.5% biosourced and enriched with silicium, these long-lasting nail polishes beautify, strengthen and protect my nails from UV aggression.

I apply 2 coats on top of the anti-streak base for optimal opaque protection.

*Active ingredients: organic silicium, solvents of natural origin (corn, potato, wheat, manioc).*



### CLEAR & SHINY TOP COAT

#### 3- STRENGTHENING

The final touch to strengthen my nails and protect them instantly from shocks.

This top coat hardener improves the shine and hold of my nail polish. It can also be applied on its own, directly after the anti-streak base, for a natural transparency effect.

*Active ingredient: nonychosine® (methionine + silicium complex)*

## ◆ STRENGTHENING MY WEAKENED NAILS

### My nourishing routine

« To prevent my nails from drying out and my cuticles from becoming damaged, I massage with the repair serum every day, which is also recommended in case of detachment. When the treatments stop, I apply the nail growth cream morning and evening to boost the growth of my nails and improve their quality.. »

### NAIL REPAIR SERUM WITH 10 PRECIOUS OILS

#### NOURISHING & MOISTURIZING DAILY

10 plant oils are combined in this serum to moisturise, nourish, repair and soothe the nail and its contour. Immediately my nails are more beautiful and their edges are intensely moisturised (42%)\*, and look neat and clean. I apply it to bare or varnished nails, once or twice a day and massage it in until it is completely absorbed.

\*Instrumental test with the Corneometer

Active ingredients: rice bran, echium, rose hip, grape seed, hazelnut, sea buckthorn, avocado, jojoba, castor, sunflower and ANP® 2+ oils



### NAIL GROWTH CARE

#### STRENGTHENING - 3 MONTH CURE

My post-treatment ally to strengthen and accelerate the growth of my nails. It significantly improves their quality of growth from 1 month\*, their resistance from 2 months\*\* and reduces streaks and grooves from 3 months of use\*\*\*.

I massage it twice a day on the nail, its base and its perimeter.

\*Clinical study on 22 subjects. \*\* Self-evaluation by scoring by 22 subjects.

\*\*\* Instrumental test on 22 subjects.

Active ingredients : ANP® 2+, organic silicium, provitamin B5, horse chestnut, vitamins, lupin lipopeptide, lipesters®.



### MILD POLISH REMOVER

#### MAKE-UP REMOVING

This nail polish remover removes my nail polish in a single step while respecting the nail and its surroundings. Formulated **without acetone**, it contains vegetable oils with nourishing properties.

Active ingredients: lipesters®, castor and calendula oils.



◆ **STRENGTHENING  
MY EYELASHES & EYEBROWS**



## ◆ STRENGTHENING MY LASHES & EYEBROWS

Eyelashes and eyebrows tend to thin out or fall off during treatment. To facilitate their re-growth when the treatments stop, use very gentle make-up removal formulas at the end of the day, such as milk or oil, which can be used with the finger, as the rubbing of cotton encourages the fall of already fragile eyelashes and eyebrows.

### My fortifying routine

« I use ECRINAL® products to strengthen, promote growth and protect my eyelashes and eyebrows.

Tested under ophthalmological control, they can be used as a 2 to 3 month treatment and are particularly suitable for sensitive eyes and contact lens wearers. »

### EYELASH & EYEBROW STRENGTHENER

#### STIMULATING GROWTH

At the end of my treatment, I stimulate the growth of my lashes and eyebrows by applying the strengthening gel. It lengthens and thickens my lashes after 30 days (instrumental test on 22 subjects).

Invisible, non-greasy and non-sticky, I can also apply it under my mascara.

Active Ingredients: ANP® 2+, Provitamin B5, Widelash™

TO BE USED AFTER MY TREATMENT



### TRIPLE ACTION BLACK MASCARA

#### LENGTHENING & THICKENING

The unique combination of 2 patented active ingredients promotes the growth of my lashes.

A real 3-in-1 treatment, this mascara immediately intensifies and enhances my eyes thanks to volume-creating waxes and silk fibres that lengthen and redensify my lashes.

Good point, it lasts all day without running or flaking.

Active ingredients : ANP® 2+, Provitamin B5, Widelash™  
beeswax, castor, jojoba and coconut Oils

TO USE BEFORE, DURING, AFTER MY TREATMENT



◆ **TAKING CARE OF MY SCALP**



## ◆ TAKING CARE OF MY SCALP

While hair loss is one of the most common and feared side effects, it is temporary and reversible. Hair usually grows back 3 to 6 months after the end of treatment. If you are affected by hair loss, wash your hair with a very mild shampoo the day before your session and wait 3 to 5 days for the next shampoo. Dry your hair gently by dabbing it without friction and avoid any source of aggression: hair dryer, straightener, curler, perm, colouring, tight hairstyles, etc.

### My daily and strengthening routines

« ECRINAL® gently cares for my hair and scalp from the beginning of my treatment until it grows back. And to best support my hair during its regrowth, I adopt the specific ECRINAL® routine »

#### ANTI-HAIR LOSS AMPOULES

##### STIMULATING GROWTH

This intensive fortifying treatment accompanies me as soon as I stop my treatment to encourage my hair to grow. It stimulates hair growth and increases its density from the 2nd month of treatment\*. After 3 months of treatment, my hair is stronger and more resistant\*\*. I apply 1 ampoule to the scalp every 2 days for 2 months, then 1 ampoule every 3 days for the 3rd month. I leave it on for 30 minutes and then wash my hair with the ultra gentle shampoo.

Main active ingredient : ANP® 2+ (40%)

\*Clinical study carried out on 25 subjects with abnormal hair abnormal hair loss.

\*\* Self-evaluation test on 20 subjects

TO BE USED AFTER MY TREATMENT



#### ULTRA-MILD 'FAMILY' SHAMPOO NOURISHING & REPAIRING

I use this shampoo once a week as it gently cleanses and protects my scalp. I let my hair air dry.

From the second week of use, my hair is repaired and nourished\*.

Active ingredients : Silk Lipesters®, vegetable glycerin and Provitamin B5.

\*Self-evaluation test carried out on 34 subjects.

TO USE BEFORE, DURING, AFTER MY TREATMENT



#### FORTIFYING LOTIONS

##### TONING

I spray this lotion on my scalp every day to revitalise, tone and strengthen the hair fibre. Non-greasy and non-sticky, I can use it daily on my scalp or dry hair. I then massage it in for 2 to 3 minutes to stimulate blood circulation and encourage the lotion to penetrate. After 3 weeks of use, my hair is soft and shiny again (Self-evaluation test conducted on 31 subjects)

Active ingredients : ANP® 2+, Provitamin B5.

TO BE USED AFTER MY TREATMENT



 **PRODUCT SUMMARY**

◆ **PRODUCT SUMMARY 1/2**



**VITA CITRAL**  
**Moisturizing Hand Cream**  
100 ml  
EAN 3323035173929



**AKILEÏNE**  
**Ultra-Soothing Balm**  
75 ml  
EAN 3323030000046



**ECRINAL**  
**Anti Hair Loss Ampoules**  
8 x 5 ml  
EAN 3323030000251



**VITA CITRAL**  
**Extreme Protection Moisturizing Balm**  
75 ml  
EAN 3323034518998



**AKILEÏNE**  
**Overnight Foot Mask**  
100 ml  
EAN 3323030000206



**ECRINAL**  
**Ultra-Mild Family Shampoo**  
400 ml  
EAN 3323030000282



**ECRINAL**  
**Fortifying Lotion - Women**  
200 ml  
EAN 3323030000312  
**Fortifying Lotion - Men**  
EAN 3323030000350



◆ **PRODUCT SUMMARY 2/2**



**ECRINAL**  
**Triple Action Black Mascara**  
7,4 ml  
EAN 3323030000619



**ECRINAL**  
**Eyelash & Eyebrow Strengtheners**  
9 ml  
EAN 3323036009647



**ECRINAL**  
**Mild Polish Remover**  
125 ml  
EAN 3323037743540



**ECRINAL**  
**Flexible Base Coat**  
10 ml  
EAN 3323037743571



**ECRINAL**  
**Clear & Shiny Top Coat**  
10 ml  
EAN 3323037743588



**ECRINAL**  
**Nail Repair Serum with 10 Precious Oils**  
10 ml  
EAN 3323034808358



**ECRINAL**  
**Nail Growth Care**  
10 ml  
EAN 3401560181470

**D'AME NATURE ECRINAL**  
**Colored Nail Polishes** 5 ml



**Le Bleu (Blue)**  
EAN 3323030000107



**Le Nude (Nude)**  
EAN 3323030000404



**Le Rose (Pink)**  
EAN 3323030000121



**Le Prune (Plum)**  
EAN 3323030000671



**Le Rouge (Red)**  
EAN 3323030000114



**Le Corail (Coral)**  
EAN 3323030000688



## **TIPS FOR A BETTER DAILY LIFE**



## ◆ TIPS FOR A BETTER DAILY LIFE



- ◆ Wear gloves when doing manual or household work.
- ◆ Choose opaque and opaque silicon-enriched nail polishes that provide better protection against UV rays.
- ◆ During treatments, do not file your fingernails and toenails too short. Do not use scissors to avoid any risk of cutting or infection.
- ◆ To structure your eyebrows and redefine your look, there are different shapes of eyebrow stencils in which a specific blush is applied. You can also use an eyebrow pencil that matches the color of your hair.
- ◆ Avoid exposure to the sun and use a high level of photo protection against UVA and UVB rays (SPF 50 or more) when outdoors.
- ◆ Avoid long walks and wear wide, comfortable shoes that are neither too tight nor too high.
- ◆ Consult a podiatrist before the beginning of your treatment for preventive pedicure and at the first signs of changes in the appearance of your skin or nails.  
This professional will accompany you throughout your treatment to prevent and delay side effects and relieve any discomfort.
- ◆ Prefer short showers with warm water and dry your skin without friction by dabbing it with a soft cloth to avoid irritating it. Remember to moisturize your skin at least twice a day.
- ◆ Before the treatment, gradually adopt a short haircut and contact a socio-aesthetician for advice on hair accessories.
- ◆ Use cooling mittens and socks during chemotherapy sessions to protect the nails.
- ◆ The use of a cooling helmet, placed fifteen minutes before the start of chemotherapy, can limit hair loss. Ask your doctor for advice.
- ◆ Practice yoga, sophrology or meditation to promote relaxation and help you better manage everyday stress.

◆ **OUR FORMULATORY CHARTER**



## ◆ OUR FORMULATORY CHARTER

Our formulations are governed by the 4 "E" rule



### Ethics,

To provide honest and reliable information to our consumers. To claim transparent cosmetics regarding the content of our formulas, the choice of raw materials and evaluation methods. Validate the safety of our products and demonstrate their effectiveness through clinical studies carried out under pharmaceutical and/or medical supervision.

### Exigency,

Ensure the origin, traceability and impeccable quality of our ingredients. To multiply tests in order to create products that combine effectiveness, sensoriality, technicality and optimal tolerance. To remain faithful to our fundamentals: Research-Quality-Innovation.  
To constantly improve and revise our formulas to meet the expectations of the market.

### Expertise,

Nearly 80 years of scientific research, sometimes questioned but mainly successful, have made us the leader in foot and nail care in French pharmacies and parapharmacies.  
Our passion and determination remain intact and guide us to enrich our experience on a daily basis.

### Excellence,

Choose the most effective active ingredients and integrate them into our formulas at their ideal concentration to deliver maximum effectiveness. To offer safe products, formulated by our teams of pharmacists and engineers, manufactured on our site in Monaco and subjected to numerous quality controls at all stages of their development. This is how our "best-sellers" have become references for both the general public and health professionals.

◆ **OUR ACTIVE INGREDIENTS**



## OUR ACTIVE INGREDIENTS 1/2

### Allantoin - Allantoin

Promotes hydration of the epidermis, soothing and softening properties.

### ANP® 2+ - Macadamia Integrifolia/Tetraphylla Seed Oil (and) Camelina Sativa Seed Oil (and) Isopropyl Palmitate (and) Vitis Vinifera (Grape) Seed Oil (and) Isopropyl Myristate (and) Capryloyl Methionine/Silk Amino Acids Methyl Esters (and) Glycine Soja (Soybean) Oil (and) Tocopherol

ANP® 2+ is a patented lipidic complex resulting from the research of ASEPTA Laboratories, intended to support the growth and the renewal of the phaneres (nails, eyelashes and hair). Thanks to the combination of 3 vegetable oils and silk Thio-lipesters, ANP® 2+ promotes cell regeneration, microcirculation and regulates the natural defense mechanisms and inflammation.

### Avocado Oil - Persea Gratissima (Avocado) Oil

Made from the pulp of the avocado, its oil is very rich in unsaponifiable matter and is known for its moisturizing, restructuring and regenerating properties.

### Calendula Oil - Calendula Officinalis Flower Extract

Extracted from calendula flowers, it has nourishing, soothing and softening properties.

### Castor oil - Ricinus Communis (Castor) Seed Oil

Nourishing, protective and growth activating properties. Very rich in ricinoleic acid.

### Echium oil and sea buckthorn berry oil complex - Echium Plantagineum Seed Oil (and) Hippophaë Rhamnoides Oil

Extremely rich in omega 3, 6 and 7 essential fatty acids, carotenoids and phytosterols, this complex of precious oils restores the skin's barrier function and has an anti-inflammatory and healing action.

### Ginkgo Biloba - Ginkgo Biloba Leaf Extract

In China, where it originates, some trees are over 4000 years old. Used in medicine as a venous tonic, the Ginkgo Biloba leaf is appreciated for its stimulating action on cell oxygenation.

### Glycerin - Glycerin

Obtained by saponification of vegetable oils, it has an excellent moisturizing power and maintains the optimal water content of the skin.

### Grape Seed Oil - Vitis Vinifera (Grape) Seed Oil

Thanks to its high content of omega 6 linoleic fatty acid (about 70%), this oil helps preserve the skin's elasticity and moisturizes it by restoring its barrier function.

### Hazelnut Oil - Corylus Avellana (Hazelnut) Seed Oil

Rich in fatty acids, hazelnut oil helps restore the barrier function of the epidermis and preserves its elasticity.

### Horse Chestnut - Aesculus Hippocastanum (Horse Chestnut) Seed Extract

Thanks to its active ingredient (aescin) and its flavonoids, horse chestnut tightens the vessel walls (vasoconstriction). It relieves and improves microcirculation.

### Imperata Cylindrica - Imperata Cylindrica Root Extract

Rich in potassium, this subtropical plant lives in the Australian deserts. Its roots retain water and allow it to survive in conditions of extreme dryness. It provides the skin with intense and long-lasting hydration.

### Jjoba Oil - Simmondsia Chinensis (Jjoba) Seed Oil

Jjoba is nicknamed "the gold of the desert" for its resistance to heat and dryness. The oil extracted from its seeds, rich in fatty acids, protects and restores the hydrolipidic film of the epidermis.

### Lipesters® Undecenoyl Serine/Silk Amino Acid Methyl Esters or Capryloyl Serine/ Silk Amino Acid Methyl Esters or Palmitoyl Serine/Silk Amino Acids Methyl Esters

Exclusive and patented associations, elaborated from natural amino acids of silk fibers, serine and fatty acids. Depending on their structure, Lipesters® have repairing, moisturizing, antibacterial and antifungal properties.

## OUR ACTIVE INGREDIENTS 2/2

### **Lupin Lipopeptides - Hydrolyzed Lupin Protein Octenylsuccinate**

Promotes microcirculation and oxygenation of the skin.

### **Organic silicium Methylsilanol Mannuronate or Dimethyl Oxobenzo Dioxasilane or Glycidoxypropyl Trimethoxysilane Mercaptopropyl Trimethoxysilane Methacryloyl Propyltrimethoxysilane Methyltriethoxysilane**

A trace element essential to our organism, present in our skin, it brings them strength and elasticity. Silicon is said to be organic when it includes one or more carbon atoms in its chemical formula. This structure allows it to be perfectly assimilated by the the body.

### **Papain - Papain**

Isolated from the latex of still green papayas, papain provides a gentle and effective enzymatic exfoliation of the skin.

### **Pinus Sibirica Seed Oil**

Rich in essential fatty acids, vitamin E and carotenoids, this oil intensely nourishes.

### **Provitamin B5 - Panthenol**

Helps repair the skin barrier and improve hydration. D-Panthenol has healing properties by stimulating cell growth, thus reducing the healing time of skin the healing time of skin alterations.

### **Rice bran oil - Oryza Sativa (Rice) Bran Oil**

Extracted from the outer layer of brown rice, this oil is particularly rich in unsaponifiable matter and omega 6 essential fatty acids (about 40%). This composition allows it to preserve the skin's elasticity and moisturize it by restoring its barrier function.

### **Rosehip Oil - Rosa Canina Fruit Oil**

Very rich in polyunsaturated fatty acids, linoleic acids and vitamins E and A, this oil extracted from the kernels, moisturizes, revitalizes and regenerates the skin.

### **Shea Butter - Butyrospermum Parkii (Shea) Butter**

Extremely rich in unsaponifiable matter and phytosterols, shea butter nourishes, repairs, moisturizes and protects the skin from external aggressions.

### **Trehalose - Trehalose**

Also called "sugar of life", this rare sugar protects cells against cold, stress, heat and dehydration.

### **Urea - Urea**

Used at a high percentage, urea has exfoliating properties. It generates a keratolytic action on the skin by eliminating dead skin. This contributes to the epidermal renewal allowing to find a smoothed skin without scales.

### **Vitamin E - Tocopherol**

A natural antioxidant, this vitamin helps maintain skin hydration by strengthening the hydrolipidic film.

### **Widelash<sup>TM</sup> - Panthenol (and) Biotinoyl Tripeptide-1**

Association of 2 active ingredients, panthenol and a tripeptide naturally present in the human body. Stimulates cellular metabolism in the hair bulb, fortifying effect.





**YOUR WELL-BEING IS ESSENTIAL**

LABORATOIRES  
**ASEPTA**  
MONACO